

## REASON FOR REFFERAL

- ☐ Snoring/Sleep Apnea  
☐ New PAP Device  
☐ Excessive Daytime Sleepiness  
☐ Frequent Awakenings  
☐ Narcolepsy/Cataplexy  
☐ Sleep Behaviour Disorder  
(shouting/kicking/walking/sex/talking)  
☐ Restless Legs Syndrome  
☐ Sleep Schedule Disorder  
☐ Sleep Initiation Insomnia  
☐ Pre-Operative Assessment  
☐ Other \_\_\_\_\_

## REVELVANT MEDICAL HISTORY

(attach CPP with Medication List)

- ☐ CAD / CHF / Cardiac Arrhythmia  
☐ Stroke / TIA  
☐ COPD ☐ O2 Use  
☐ Resistant Hypertension  
☐ Current Pregnancy  
☐ Sleep Apnea

Currently Adherent to therapy?

☐ Yes ☐ No

- ☐ Previous Sleep Study Date:  
(please enclose previous test results)

Location: \_\_\_\_\_

- ☐ Diabetes  
☐ Seizures/Epilepsy  
☐ Morbid Obesity  
☐ Asthma  
☐ Mood / Anxiety Disorder  
☐ Chronic Pain  
Other Conditions: \_\_\_\_\_

For Office Use:

## REFERRAL REQUEST

- ☐ Urgent ☐ Routine ☐ Safety Critical Occupation  
☐ CONSULTATION (REQUIRED if patient has had a previous study/diagnosis)  
☐ SLEEP STUDY AND CONSULTATION  
☐ DIAGNOSTIC SLEEP STUDY ONLY (no previous testing)

## PATIENT INFORMATION

Name \_\_\_\_\_  
OHIP \_\_\_\_\_ Version Code \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Sex (at birth) \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Home Address \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Email \_\_\_\_\_

## REFERRING PRACTITIONER

Name \_\_\_\_\_  
Billing # \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Practice Model so you will not be negated:  
☐ FHT ☐ FHO ☐ FHG ☐ FHN ☐ FFS ☐ HSO  
FAMILY PHYSICIAN (if different)  
Name \_\_\_\_\_ Fax \_\_\_\_\_

## CURRENT MEDICATIONS WITH DOSES OR LIST ATTACHED

## SPECIAL ACCOMMODATIONS

- ☐ Language  
☐ Ambulation  
☐ Care Assistance (Caregiver/  
Parent)

Referring Practitioner Signature: \_\_\_\_\_ Date: \_\_\_\_\_