



**VANCOUVER ISLAND • NORTHERN BC • INTERIOR BC  
GREATER VANCOUVER AREA**

General Phone: 1-877-855-7431 • General Fax: 1-844-652-7386  
General Email: bc@medsleep.com • www.medsleep.com

**PLEASE CHOOSE ONE OF:**

- CONSULTATION AND LEVEL 1 POLYSOMNOGRAM (as appropriate)
- HOME SLEEP APNEA TESTING  
*MUST include BC Ministry of Health Form A: Requisition for Home Sleep Apnea Test (HSAT)*

**REASON FOR REFFERAL**

- Snoring
- Insomnia
- Witnessed Apneas
- Frequent Awakenings
- Excessive Daytime Sleepiness
- Sleepwalking/Confusional Arousal
- Cataplexy
- Shift Work
- Restless Legs Syndrome
- Past Sleep Study (please send)
- Periodic Limb Movements
- Other \_\_\_\_\_

**MEDICAL CONDITIONS**

- MI/CAD
- Hypertension
- GERD
- Fibromyalgia
- Mood Disorder
- Anxiety Disorder
- Diabetes
- Stroke
- Asthma/COPD
- Chronic Pain
- CHF
- Cardiac Arrhythmia

**LOCATION:**

- Campbell River\*
- Coquitlam\*
- Langford\*\*
- Nanaimo\*
- Penticton\*
- Prince George\*
- Saanich \*\*

\*These clinics offer Level 1 and HSAT services    \*\*These clinics offer HSAT services

**PATIENT INFORMATION**

Name \_\_\_\_\_

PHN \_\_\_\_\_

Primary Phone \_\_\_\_\_

Secondary Phone \_\_\_\_\_

Date of Birth (mm/dd/yy) \_\_\_\_\_ Age \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

Gender  M  F  Other (describe/list pronouns) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Email \_\_\_\_\_

**REFERRING CARE PROVIDER**

Name \_\_\_\_\_  MD  NP

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Billing # \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

**HISTORY AND PHYSICAL INFORMATION**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MEDICATIONS**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Care Provider's signature \_\_\_\_\_ Date \_\_\_\_\_

PLEASE CHECK IF YOU WOULD LIKE US TO SEND YOU MORE REFERRAL FORMS.