

Office Phone: 613-735-2358 • Office Fax: 613-735-9301 • pembroke@medsleep.com • www.medsleep.com

## SLEEP DISORDER REFERRAL FORM *PLEASE FAX THIS FORM TO: 613-735-9301*

### PERSONAL INFORMATION

Name \_\_\_\_\_ Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
OHIP # \_\_\_\_\_ Street Address \_\_\_\_\_  
Birth Date \_\_\_\_\_ Age \_\_\_\_\_ City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_ Gender:  M  F Email \_\_\_\_\_

### REFERRING PRACTITIONER

Physician/NP \_\_\_\_\_ Phone \_\_\_\_\_  
Billing # \_\_\_\_\_ Fax \_\_\_\_\_  
Street Address \_\_\_\_\_ Email \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_

### REFERRAL FOR

- SLEEP STUDY ONLY** (Please complete sections 1–5 below) **OR**  **CONSULTATION AND SLEEP STUDY, IF INDICATED** (Please complete sections 1–3 below)
- Has the referred patient had a previous sleep study?  Yes  No
  - If yes, please provide the date of the last sleep study: \_\_\_\_\_ Location: \_\_\_\_\_

### HISTORY AND PHYSICAL INFORMATION

**ELECTIVE**  **URGENT** If urgent, please explain: \_\_\_\_\_

#### ① HISTORY OF SLEEP PROBLEM

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Snoring                      | <input type="checkbox"/> Nocturia            | <input type="checkbox"/> Restless Legs Syndrome          | <input type="checkbox"/> Cataplexy               |
| <input type="checkbox"/> Witnessed Apneas             | <input type="checkbox"/> Insomnia            | <input type="checkbox"/> Periodic Limb Movement Disorder | <input type="checkbox"/> Sleepwalking/Nightmares |
| <input type="checkbox"/> Excessive Daytime Sleepiness | <input type="checkbox"/> Frequent Awakenings | <input type="checkbox"/> Shift Work                      | <input type="checkbox"/> Other _____             |

#### ② MEDICAL CONDITIONS

- |                                   |  |                                      |                                       |  |   |                                       |
|-----------------------------------|--|--------------------------------------|---------------------------------------|--|---|---------------------------------------|
| <input type="checkbox"/> MI/CAD   | <input type="checkbox"/> Seizures/Epilepsy | <input type="checkbox"/> GERD        | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Mood Disorder | <input type="checkbox"/> Anxiety Disorder   | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Stroke            | <input type="checkbox"/> Asthma/COPD | <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> CHF           | <input type="checkbox"/> Cardiac Arrhythmia |                                       |

#### ③ MEDICATIONS

#### ④ DOES THE PATIENT HAVE A SAFETY CRITICAL OCCUPATION?

Yes  No

#### ⑤ SPECIAL NEEDS (i.e., assistance moving, difficulty communicating)

Physician/NP signature: \_\_\_\_\_ Date: \_\_\_\_\_

PLEASE CHECK IF YOU WOULD LIKE US TO SEND YOU MORE REFERRAL FORMS.