

**IMPROVING HEALTH THROUGH BETTER SLEEP • ACROSS CANADA***MedSleep clinics provide clinical consultation, diagnostic services (sleep testing) and treatment for the full spectrum of sleep disorders*

## **SLEEP DISORDER REFERRAL FORM**

**Please fax this form to: 250-596-1875****PLEASE CHOOSE ONE OF:**

**APNEA FAST TRACK™**  
*In-home sleep study followed by APAP therapy  
for Obstructive Sleep Apnea (OSA) and/or  
Sleep Medicine Consultation (as indicated)*

**REQUEST FOR CONSULTATION**

**IN-CLINIC LEVEL 1  
(FULL POLYSOMNOGRAPHIC)  
SLEEP STUDY** *(Covered by MSP)*  
*Sleep Consultation performed prior to testing*

**IN-HOME (LEVEL 3) SLEEP STUDY FOR OSA**  
*Sleep Medicine Consultation (as indicated)*

**PATIENT INFORMATION**

Name \_\_\_\_\_  
PHN \_\_\_\_\_  
Home Phone \_\_\_\_\_  
Work Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_  
Date of birth \_\_\_\_\_ Age \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_ Gender  M  F  
Address \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Email \_\_\_\_\_

**HISTORY OF SLEEP PROBLEMS**

- |   |  |
|---|--|
| <input type="checkbox"/> Snoring                      | <input type="checkbox"/> Insomnia                              |
| <input type="checkbox"/> Witnessed Apneas             | <input type="checkbox"/> Frequent Awakenings                   |
| <input type="checkbox"/> Excessive Daytime Sleepiness | <input type="checkbox"/> Sleepwalking/Confusional Arousal      |
| <input type="checkbox"/> Cataplexy                    | <input type="checkbox"/> Shift Work                            |
| <input type="checkbox"/> Restless Legs Syndrome       | <input type="checkbox"/> Past Sleep Study <i>(please send)</i> |
| <input type="checkbox"/> Periodic Limb Movements      | <input type="checkbox"/> Other _____                           |

**REFERRING PHYSICIAN**

Physician Name \_\_\_\_\_  
Phone \_\_\_\_\_  
Fax \_\_\_\_\_  
Billing # \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Clinic Email \_\_\_\_\_

**MEDICAL CONDITIONS**

- |                                       |  |   |
|---------------------------------------|--|---|
| <input type="checkbox"/> MI/CAD       | <input type="checkbox"/> Hypertension  | <input type="checkbox"/> GERD               |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Mood Disorder | <input type="checkbox"/> Anxiety Disorder   |
| <input type="checkbox"/> Diabetes     | <input type="checkbox"/> Stroke        | <input type="checkbox"/> Asthma/COPD        |
| <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> CHF           | <input type="checkbox"/> Cardiac Arrhythmia |

**HISTORY AND PHYSICAL INFORMATION**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
 Elective  Urgent

**MEDICATIONS**

\_\_\_\_\_  
\_\_\_\_\_

**PHYSICAL FINDINGS** *(Such as mallampati score)*

\_\_\_\_\_  
\_\_\_\_\_

**SPECIAL NEEDS** *(i.e., assistance moving, difficulty communicating)*

\_\_\_\_\_  
\_\_\_\_\_

PLEASE CHECK IF YOU WOULD LIKE US TO SEND YOU MORE REFERRAL FORMS.