

**SLEEP DISORDER REFERRAL FORM PLEASE FAX THIS FORM TO: (613) 547-9910****PERSONAL INFORMATION**

Name \_\_\_\_\_ Home Phone \_\_\_\_\_  
OHIP # \_\_\_\_\_ Work Phone \_\_\_\_\_  
Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Street Address \_\_\_\_\_  
Height \_\_\_\_\_ Weight \_\_\_\_\_ Gender:  M  F City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Email \_\_\_\_\_

**REFERRING PHYSICIAN**

Physician \_\_\_\_\_ Phone \_\_\_\_\_  
Billing # \_\_\_\_\_ Fax \_\_\_\_\_  
Street Address \_\_\_\_\_ Email \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_

**TEST REQUESTED**

- CONSULTATION ONLY     CONSULTATION, SLEEP STUDIES, AND TREATMENT WHERE APPROPRIATE  
 SLEEP STUDY ONLY (Please complete sections 1–5 below) OR  CONSULTATION AND SLEEP STUDY, IF INDICATED (Please complete sections 1–3 below)  
 Has the referred patient had a previous sleep study?  Yes  No  
 If yes, please provide the date of the last sleep study: \_\_\_\_\_ Location: \_\_\_\_\_

**HISTORY AND PHYSICAL INFORMATION**

ELECTIVE     URGENT If urgent, please explain: \_\_\_\_\_

**1 HISTORY OF SLEEP PROBLEM**

- Snoring     Nocturia     Restless Legs Syndrome     Cataplexy  
 Witnessed Apneas     Insomnia     Periodic Limb Movement Disorder     Sleepwalking/Nightmares  
 Excessive Daytime Sleepiness     Frequent Awakenings     Shift Work     Other \_\_\_\_\_

**2 MEDICAL CONDITIONS**

- MI/CAD     Seizures/Epilepsy     GERD     Fibromyalgia     Mood Disorder     Anxiety Disorder     Hypertension  
 Diabetes     Stroke     Asthma/COPD     Chronic Pain     CHF     Cardiac Arrhythmia

**3 MEDICATIONS****4 DOES THE PATIENT HAVE A SAFETY CRITICAL OCCUPATION?**

Yes     No

**5 SPECIAL NEEDS (i.e., assistance moving, difficulty communicating)**

Physician's signature: \_\_\_\_\_ Date: \_\_\_\_\_

PLEASE CHECK IF YOU WOULD LIKE US TO SEND YOU MORE REFERRAL FORMS.